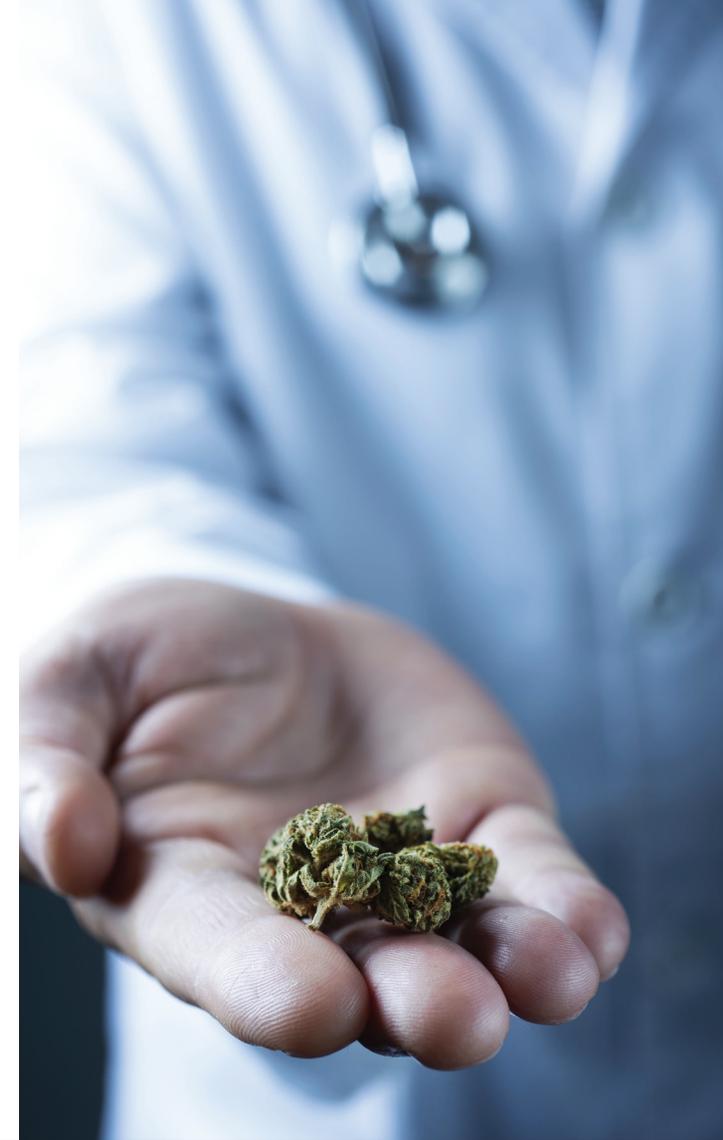


The Forms of Medical Cannabis Consumption

The New Jersey Medical Cannabis program allows tinctures, topicals, vape cartridges, flower, concentrates, chewable forms, pills, tablets, capsules, syrups, oils, lozenges, and patches as approved forms of medicine. Each has a different route of administration, onset of action and duration of effect.

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*Sources Consulted

Lannotti FA, Di Marzo V, Petrosino S. *Endocannabinoids and endocannabinoid-related mediators: targets, metabolism and role in neurological disorders.* Prog Lip Res. 2016;62:107-28

Bearman D, Pettinato M. *Cannabis Medicine - A Guide to the Practice of Cannabinoid Medicine.* Santa Barbara, CA: Blue Point Books; 2018



Understanding Consumption

Products are not intended to diagnose, treat, cure or prevent any disease.
Information not intended as medical advice.

FLOWER

Flower, also referred to as bud or dry leaf, is the purest form of cannabis as it is in the most natural state of the plant. Flower can be smoked or vaporized by using a dry herb vape.

Onset	1 - 5 minutes*
Peak	30 minutes*
Duration	150 minutes*

CONCENTRATES

Activated Concentrates come in a syringe or applicator. They can be used sub-lingually, orally, added to a topical to increase the potency and even used in food and baking. Onset of action and duration of effects is dependent on how the concentrate is consumed.

Inactive Concentrates need heat applied to convert the inactive THCa to the active THC form. These concentrates come in a variety of consistencies like shatter, budder, pull-n-snap, badder, wax, sugar, sap and sauce.

Onset	1 - 5 minutes
Peak	30 minutes
Duration	150 minutes



VAPORIZABLE OIL

The raw cannabis plant is placed under pressure with a solvent to extract a purified oil that can then be heated and inhaled.

Onset	1 - 5 minutes
Peak	30 minutes
Duration	150 minutes



TINCTURES

A tincture is liquid that comes in a bottle with a dropper. It is placed under the tongue and absorbed sublingually through blood vessels under the tongue.

Onset	15 - 30 minutes
Duration	3 - 6 hours

SOLUTIONS

A solution looks similar to a tincture in that it comes in a bottle with a dropper but is consumed orally and swallowed.

Onset	30 - 60 minutes
Duration	3 - 8 hours



TOPICALS

Cannabis-infused topicals can come as a cream, lotion, ointment or salve and is applied to the skin for a localized effect.

Onset	15 - 60 minutes
Duration	up to 12 hours

CAPSULES

A gel capsule is made with activated and concentrated cannabis oil, and is taken orally. Since THC is fat-soluble, absorption can be aided by taking with a fatty snack.

Onset	30 - 120 minutes
Duration	4 - 8 hours



PATCHES

Patches contain cannabis medicine that can be absorbed systemically, meaning through the blood stream, if placed on the area of the skin where veins can be seen.

Onset	30 - 60 minutes
Duration	12 hours